

MQFP® Study Guide 1.2: Active Duty Healthcare

Learning Objectives:

1.2 Active Duty Healthcare

- a. Discuss Tricare insurance coverage for active duty families

Exercise 1: Tricare Coverage Types

List the three main Tricare coverage types available for active duty families and briefly describe each one.

- b. Explain the integration of Tricare health insurance with other health insurance policies

Exercise 2: Coordinating Benefits

Explain the process of coordinating benefits when a service member's spouse also has health insurance coverage through their employer.

- c. Explain Tricare coverage for dependent college students, dependent parents, and dependent children with permanent disabilities.

Exercise 3: Tricare Coverage for Dependent College Students

Describe the Tricare coverage options available for dependent children who are attending college.

Exercise 4: Tricare Coverage for Dependent Parents

Discuss Tricare coverage for dependent parents of active duty service members.

Exercise 5: Tricare Coverage for Dependent Children with Permanent Disabilities

Explain the Tricare coverage available for dependent children with permanent disabilities.

- d. Discuss the Tricare Young Adult program

Exercise 6: Tricare Young Adult Program Eligibility

Identify the eligibility criteria for the Tricare Young Adult program.

- e. Discuss the following programs for families with a special needs member: Extended Care Health Option (ECHO); Exceptional Family Member Program (EFMP)

Exercise 7: Extended Care Health Option (ECHO)

Describe the Extended Care Health Option (ECHO) and the services it provides for families with special needs members.

Exercise 8: Exceptional Family Member Program (EFMP)

Explain the purpose and benefits of the Exceptional Family Member Program (EFMP).

f. Contrast the service member's dental coverage with dependent dental coverage

Exercise 9: Dental Coverage for Service Members

Discuss the dental coverage provided for active-duty service members.

Exercise 10: Dental Coverage for Dependents

Contrast the dental coverage options available for dependents of active duty service members.

g. Describe dependent vision insurance coverage

Exercise 11: Vision Coverage for Dependents

Explain the availability and coverage of vision insurance for dependents of active-duty service members.

Quiz: (Multiple Choice)

1. Which Tricare coverage type is available for active-duty family members and provides comprehensive healthcare services?

- a) Tricare Prime
- b) Tricare Select
- c) Tricare For Life
- d) Tricare Reserve Select

2. When a service member's spouse has health insurance coverage through their employer, how is Tricare insurance integrated with the other policy?

- a) Tricare is the primary payer, and the other policy is secondary.
- b) Tricare is the secondary payer, and the other policy is primary.
- c) The service member must choose one policy for the entire family.
- d) Tricare and the other policy do not coordinate benefits.

3. True or False: Tricare Young Adult program is available to dependent children up to age 26.

- a) True
- b) False

4. What does the Exceptional Family Member Program (EFMP) help families with?

- a) Comprehensive dental coverage for special needs members
- b) Finding suitable housing for families with special needs members
- c) Access to specialized medical services for special needs members
- d) Access to extended childcare services for special needs members

References:

- Tricare official website: <https://tricare.mil/>
- Tricare Young Adult Program: <https://tricare.mil/TYA>
- Exceptional Family Member Program (EFMP): <https://www.militaryonesource.mil/family-relationships/special-needs/exceptional-family-member-program/>
- Extended Care Health Option (ECHO): <https://www.tricare.mil/Plans/SpecialPrograms/ECHO>
- Tricare Vision Program: <https://www.tricare.mil/CoveredServices/Vision/TVP>
- Dental coverage for service members:
<https://www.tricare.mil/CoveredServices/Dental/ActiveDutyDentalProgram>
- Dental coverage for dependents: <https://www.tricare.mil/CoveredServices/Dental/TDP>

*Answer Key can be found at: <https://mqfp.org/study-guides/>