

MQFP® Study Guide 1.7: Active-Duty Family Support Programs

Learning Objectives:

1.7 Active-Duty Family Support Programs

- a. Discuss services available at family service centers

Exercise 1: Family Service Center Services

List three services commonly available at family service centers to support active-duty service members and their families.

- b. Describe the Military and Family Life Counseling program (MFLC)

Exercise 2: MFLC Program Description

Provide a brief description of the Military and Family Life Counseling program (MFLC) and its purpose.

- c. Discuss the various childcare programs available to active-duty families

Exercise 3: Childcare Programs Overview

Describe three different childcare programs available to active-duty families, including the age groups they serve and any eligibility criteria.

- d. Describe the benefits and limitations of the VA Home Loan program

Exercise 4: VA Home Loan Benefits and Limitations

Outline the benefits and limitations of the VA Home Loan program for active-duty service members and veterans.

- e. List when an individual may be eligible to be a Secondary Dependent of a service member (active duty or retired)

Exercise 5: Secondary Dependent Eligibility

List the conditions under which an individual may be eligible to be a Secondary Dependent of an active duty or retired service member.

Quiz: (Multiple Choice)

1. What types of services are typically available at family service centers to support active-duty service members and their families?

- a) Legal assistance, health care, and educational programs
- b) Counseling services, financial assistance, and employment support
- c) Childcare services, fitness facilities, and recreation programs
- d) Transportation assistance, housing support, and educational resources

2. The Military and Family Life Counseling program (MFLC) provides:

- a) Long-term therapy for service members and their families
- b) Free mental health counseling for active-duty service members only
- c) Confidential short-term counseling support for various life challenges
- d) Online resources and self-help materials for military families

3. Which childcare program is primarily designed for children aged 6 weeks to 12 years and offers full-day care, part-day care, and hourly care options?

- a) Child Development Centers (CDCs)
- b) Family Child Care (FCC) Homes
- c) School-Age Care (SAC) Programs
- d) Military Childcare Fee Assistance (MCCFA) Program

4. What is one of the main benefits of the VA Home Loan program for eligible active-duty service members and veterans?

- a) No down payment requirement for home purchase
- b) Guaranteed low-interest rates for refinancing
- c) No requirement for a credit check or income verification

d) Cash grants for home improvement projects

5. An individual may be eligible to be a Secondary Dependent of a service member (active duty or retired) under which of the following conditions?

a) If the individual is the service member's sibling and is under the age of 18

b) If the individual is the service member's spouse and is legally separated

c) If the individual is the service member's child and is over the age of 21

d) If the individual is the service member's unmarried partner and is financially dependent

References:

- Family Readiness Centers, Military OneSource: <https://www.militaryonesource.mil/family-relationships/family-life/preparing-to-deploy/support-services-on-installation/>

- Military and Family Life Counseling Program, Military OneSource: <https://www.militaryonesource.mil/confidential-help/non-medical-counseling/military-and-family-life-counseling/>

- Child and Youth Programs, Military OneSource: <https://www.militaryonesource.mil/family-relationships/parenting-and-children/child-care-and-youth-programs/>

*Answer Key can be found at: <https://mqfp.org/study-guides/>